

Chair Descriptions

Focus on Health Chair

The Focus on Health Chair is to promote activities that focus on the well being and fitness of the WCOF members and the community. They can be things such as:

- Continue our Hiking Friends hikes, walks and activities inviting the community to join
- Health education classes
- Promote good nutrition
- Letting our members know of community events that deal with focusing on health

The Focus on Health Chair is to keep a binder of all activities to pass on to the next Focus on Health Chair.

The Focus on Health Chair is to keep track of volunteer hours, in-kind donation, money donated, and members who attended a Focus On Health activity and send that information to the Dean of Chairs within a month of the activity.

The Focus on Health Chair shall attend all monthly General Meetings, and Board Meetings. If you can not attend one of the meetings report out to the Dean of Chairs

Note: when a chair or co-chair is not actively engaged in her position she will be asked to step down.